## **More on Psychiatric Rehabilitation and Recovery**

## Central Rehabilitation Services

"Recovery is a common human experience and a deeply personal, unique process of changing one's attitudes, values, feelings, goals, skills or roles toward our understanding of mental illness" *William Anthony* 

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To Learn more about Psychiatric Rehabilitation and Recovery visit the <u>United</u>
<u>States Psychiatric Rehabilitation Association</u> and the <u>Boston Center for</u>
<u>Psychiatric Rehabilitation</u> websites.